

In a world of distancing, you can give her connection

Keeping Pace

December 2020



Give the Gift of Confidence

As 2020 comes to a close, you can give the gift of confidence and connection to a girl in need. Your generous donation today will help **remove any financial barrier** that prevents many girls in our region from joining a team in their community next season. Please help give **one more girl access** to the tools she needs to become **stronger and more resilient**.

[Donate Here Today!](#)

Our Fall 2020 5K Your Way!

The Fall 2020 season was our first attempt to conduct both virtual and in-person team programming and 5Ks. **We finished the season strong with a celebratory 5K Your Way week presented by Cigna!**

Over 1,600 participants, friends, family members, sponsors, and supporters came out to cheer our strong girls virtually and in-person!



Thank you to our Fall 2020 5K sponsors!



Join us for the Spring 2021 season!

It is not too early to think about Spring 2021! The GOTR NOVA staff is in planning mode. Our Spring 2021 season will run **March 15 – May 15** with tentative 5K events in mid-May.

Check out our Spring 2021 season timeline [here!](#) **We are accepting site applications now with full details available on our [website](#).**



A 2020 FundRunner Highlight

Yvonne Sening and Marye Downs joined us this season as GOTR NOVA FundRunners. Throughout the Fall season, they were part of a team of 8 people receiving virtual lessons each week with a goal to raise funds to provide scholarships for girls to be a part of our program in the future. **Their team raised over \$1,600 for future GOTR NOVA strong girls.**

"At the beginning of the pandemic, I would not have been able to complete this 5K. I have been inspired and worked hard to cross this finish line today." Yvonne shared. Yvonne and Marye, joined an in-person team for their 5K in the City of Fairfax to complete their 5K Your Way on November 21. They finished the 5K with the entire team of girls and coaches cheering for them as they crossed the finish line.

We are so grateful to Yvonne, Marye and each & every one of our 2020 FundRunners. **Together our 2020 FundRunners raised \$10,000 and gave more girls in our region the gift of stability, connection, and confidence during a difficult year.**

Thank you!

[Sign Up to be a 2021 FundRunner Today!](#)



Girls on the Run of NOVA
10301 Democracy Lane, Suite 100
Fairfax, VA 22030
(703) 273-3153
www.gotrnova.org

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