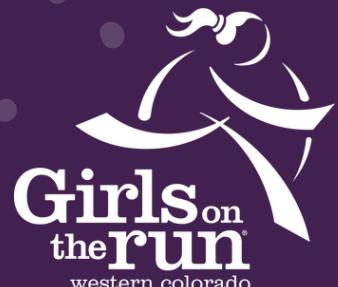


Girls on the Run of Western Colorado

FY24-25 Annual Report *



Uplifting and Inspiring Girls

OUR MISSION

We inspire girls to be joyful, healthy, and confident using a fun, experience-based curriculum which creatively integrates running.

OUR VISION

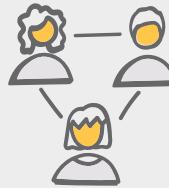
We envision a world where every girl knows and activates her limitless potential and is free to boldly pursue her dreams.



Our Core Values



Recognize our power and responsibility to be **intentional in our decision-making**



Embrace our differences and find strength in our **connectedness**



Express joy, optimism, and gratitude through **our words, thoughts, and actions**



Lead with an open heart and **assume positive intent**



Nurture our **physical, emotional, and spiritual health**



Stand up for **ourselves and others**

FY 24/25 Impact

It has been a joy and a privilege to build confidence, inspire joy in movement, and nurture emotional health in girls.



1,481

UNSTOPPABLE GIRLS



489

DEDICATED COACHES
AND VOLUNTEERS



93

WELCOMING
SITES



\$31,370

IN SCHOLARSHIPS
FOR GIRLS



Our Remarkable Coaches

Every lap, every laugh, every moment—our volunteer coaches make it count.

Thanks to their generosity, girls in Western Colorado built confidence, friendships, and lasting memories.

Now it's our turn to celebrate them.



Thank you to our coaches!

109

**RETURNING COACHES
IN SPRING '25**

77

**RETURNING COACHES
IN FALL '25**

136

NEW COACHES IN 2025



Thank You, Partners!

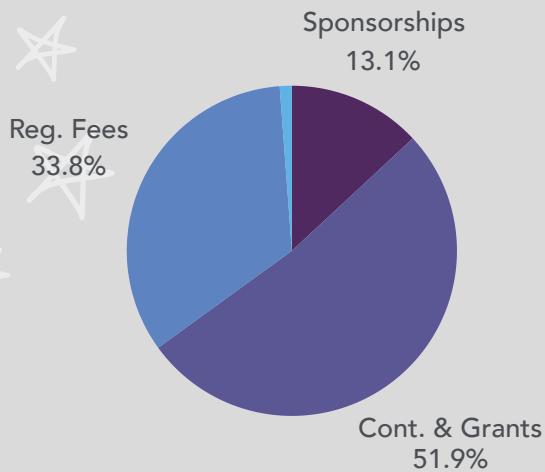
National and local partners, corporations, foundations, and donors propel our mission forward.



In 2025, their investments made it possible for over 330 girls to activate their limitless potential in Western Colorado. With them by our side, more girls are confidently and boldly pursuing their dreams.

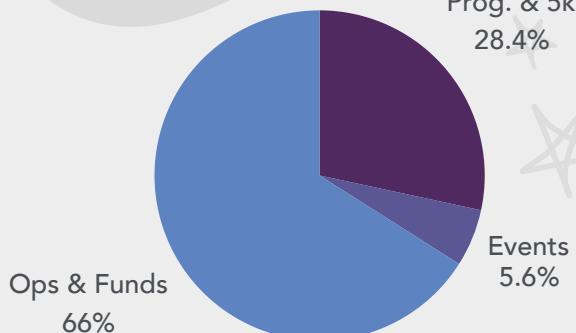


Financials



Income	Total
Sponsorships	\$59,027
Contributions and Grants	\$234,280
Program and 5k Registration Fees	\$152,503
Merchandise Sales	\$5,331
Fundraising Events	\$2,710
Other	\$5,274

Expenses	Total
Program and 5k	\$109,723
General Operating and Fundraising	\$255,201
Other Special Event	\$21,711





Board of Directors

Lisa Graznak

Board Chair

Sarah Hassell

Vice Chair

Kerri Heyl

Treasurer



Allison Carter

Treasurer

Jillian Benbow

Board Member

Heather Blakeman

Board Member

Lauren Pontious-Powell

Board Member

Julia Kerrigan

Board Member



Shannon Fallon

Board Member

Ashley McGowan

Board Member



Thank you to Penny Frankhouser and Shannon Markley who completed their board service in 2025.



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