

### **Event Guide:**





May 17, 2025

Arrive no later than 8:30 AM

5K begins at 9 AM

## **LOCATION**



**Broadford Park - Pavilion 5** 

123 Recreation Ln Mountain Lake Park, MD 21550

# WHEN YOU ARRIVE



Saturday, May 17, 2025

**FAMILIES/GOTR TEAM MEMBERS:** Head directly to the Team Meet Up Area to check in with coaches and pick up bibs. Then, explore the fun pre-event activities until the group warm-up begins.

**SPECTATORS:** Hang out at the pavilion and we will direct you once the race begins!

**COMMUNITY PARTICIPANTS:** Go to the Community Member Bib Pick-Up Area to retrieve your bib and/or register. Then check out the pre-event activities until the group warm-up begins.

## WHAT TO WEAR AND BRING



- Dress for the weather
- Wear your best GOTR gear (or 5K shirt if you are a GOTR team member) and layers, if needed
- Lace up your comfortable, athletic shoes
- Accessorize with colorful GOTR gear like hats, hair ties, signs, stickers, capes, tutus, etc.
- Bring a full water bottle



#### 5K DAY SCHEDULE

7:30 - 7:45 a.m.

Team leads, coaches, and event volunteers arrive

8:00 a.m.

Participants, families/GOTR team members, and spectators arrive, and pre-event activities begin (Reminder: GOTR families must check in with coaches first upon arrival.)

8:45 - 8:50 a.m.

Group warm-up, announcements, and meeting at the start line.

9:00 a.m.

The 5K begins

9:45 a.m.

Most 5K participants have crossed the finish line by the point. Continued celebration with refreshments, activities and raffle.

10:30 a.m.

**Event concludes** 



