

2025

# MEMORIES

*in motion*



## Event Guide:

### DATE AND TIME



**Saturday, May 31, 2025**

**Registration Opens at 7:30 AM**

5K begins at 9 AM

### LOCATION



**North Hagerstown High School**

1200 Pennsylvania Avenue

Hagerstown, MD US 21742

**Parking lot available on site**

### WHEN YOU ARRIVE



**GOTR TEAM MEMBERS:** Head directly to the Team Meet Up Area on the stadium bleachers to check in with coaches and pick up bibs. Then, explore the fun pre-event activities until the group warm-up begins.

**RUNNING BUDDIES & COMMUNITY PARTICIPANTS:** Head on over to the Registration Check In located in front of the stadium for your bib, and shirt/tank top. Then check out the pre-event activities until the group warm-up begins.

### WHAT TO WEAR AND BRING



- Dress for the weather
- Wear your best GOTR gear (or program shirt if you are a GOTR team member) and layers, if needed
- Lace up your comfortable, athletic shoes
- Accessorize with colorful GOTR gear like hats, hair ties, signs, stickers, capes, tutus, etc. or stop by our happy hair station!
- Bring a full water bottle

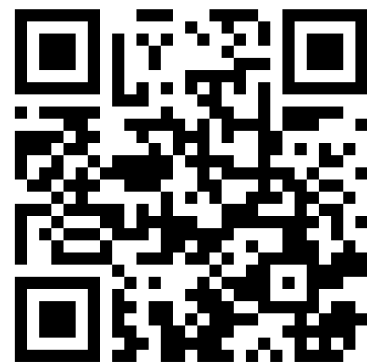
Questions? Please email [info@gotrmidmd.org](mailto:info@gotrmidmd.org)

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Scan here to view our  
interactive course map!



## 5K DAY SCHEDULE

**7:00 - Registration Opens**

**7:00 – 7:45 a.m.**

Team leads, coaches, and event volunteers arrive

**7:45 a.m.**

Participants, families/GOTR team members, and spectators arrive, and pre-event activities begin (Reminder: GOTR families must check in with coaches first upon arrival.)

**8:45 – 8:50 a.m.**

Group warm-up and GOTR announcements

**8:50 a.m. - Registration Closes**

**9:00 a.m.**

The 5K begins

**9:30-9:45 a.m.**

GOTR Raffle

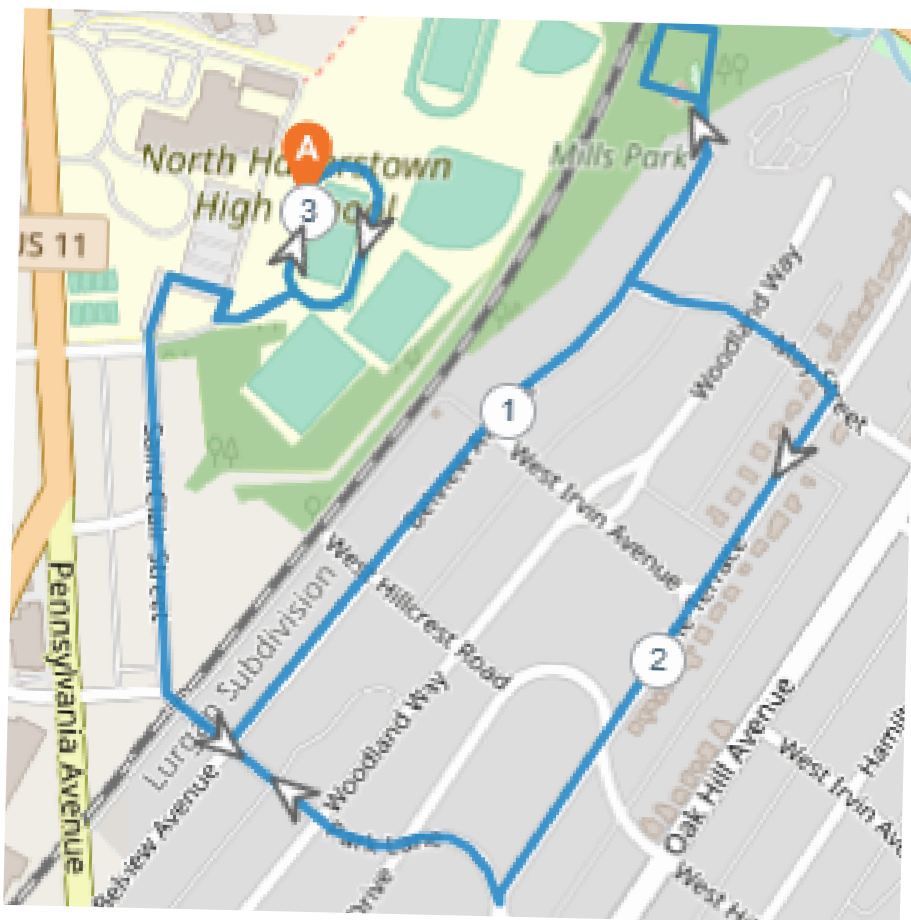
**10:15 a.m.**

Most 5K participants have crossed the finish line by this point. Continue the celebration with refreshments, activities, and merchandise tents!

**10:45 a.m.**

The 5K concludes

## COURSE MAP





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## TEAM MAP



### Family Fun Area:

- Photo Booth
- Happy Hair Station
- Tattoo Station
- Cheer Sign Station

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THANK YOU TO OUR  
LOCAL  
5K SPONSORS!



THANK YOU TO OUR NATIONAL 5K PARTNERS!



Gamma Phi Beta

