



Girls on the Run 5K presented by the Jennings Strouss Foundation

2023 Inspiration Station

If she can see it, she can be it. The Inspiration Station is a very special part of our event expo that shows girls that they truly have limitless potential, that they can dream big and that if they work hard, they can reach their goals.

To do this, we invite a small group of extraordinary women in a variety of careers to be part of our *GOTR 5K Dream Team*. This team of women will spend time chatting with the girls after they complete their 5K and serve as examples of girls who chased big dreams and succeeded.

The station will be set up as a meet and greet area where girls and any and all event participants can walk through and ask questions as desired one-on-one or in small groups and participate in other fun activities.

We are honored to feature a fantastic Dream Team at this event including the following women:



Dina J. Aouad
Associate at Jennings Strouss

Overview

Ms. Aouad is an Associate in the Firm's Business Litigation department, focusing her practice on commercial litigation and labor and employment.

Areas of Focus

- Commercial Litigation
- Labor and Employment

Biography

Ms. Aouad is an Associate in the Firm's Business Litigation department, focusing her practice on commercial litigation and labor and employment. She graduated *summa cum laude* from Arizona State University with a B.A.Sc. in Political Science and Government, and a minor in Business. She is a recent graduate of University of Arizona, James E. Rogers College of Law where she earned her J.D. There, she was elected President of the Law Women's Association, and was involved with the *Arizona Journal of International and Comparative Law* as a Note and Comment Editor. In 2019, Aouad worked at Jennings, Strouss & Salmon, P.L.C. as a Summer Associate. Prior to that, she worked as a Legal Intern for the Equal Employment Opportunity Commission (EEOC). Ms. Aouad currently serves as the Vice Chair of the Firm's Diversity and Inclusion Committee.

Memberships

Jennings Strouss Diversity and Inclusion Committee

- Vice Chair

Community Involvement

Jennings Strouss Foundation

- Member, Board of Directors

Foreign Languages

- Arabic



Funda S. Bachini, MD

Interim Division Chief, Psychiatry; Psychiatric Unit Medical Director
Phoenix Children's Hospital

Dr. Funda Bachini provides care to children in the inpatient psychiatric unit at Phoenix Children's and serves as the Interim Chief of Psychiatry and Inpatient Psychiatric Unit medical director. She is also part of the Center for Resiliency and Wellbeing providing consultation and care for our most vulnerable patients and families who have had trauma. She works to integrate care with community agencies to help promote continuity of care for patients.

In addition, Dr. Bachini teaches medical students, residents, and fellows. She's served as an associate clinical professor at both Creighton University School of Medicine and the University of Arizona College of Medicine, Phoenix and is the site director for both schools' clinical rotations, as well as for the Mayo Clinic School of Medicine, Phoenix. Additionally, she is the Associate Program Director for our Child and Adolescent Psychiatry Fellowship.

Her work in the behavioral health field began in 2001. She worked in social service programs, behavioral health hospitals and schools which provided her the opportunity to see children in various stages of development and in varied life circumstances. It was during these experiences that her fascination with the brain and human behavior evolved into a passion for helping children and their families.

Dr. Bachini was drawn to Phoenix Children's because of their shared goal to improve the quality of life, both physically and emotionally, for children with mental health concerns. She appreciates Phoenix Children's commitment to the continuing development of well-informed, innovative and caring providers to best support the mental health needs of children and adolescents. Through the hospital's substantial teaching services, she has the opportunity to participate in the continued development of mental health professionals to meet the growing needs of our community.

After attending Drexel University School of Medicine in Philadelphia, Dr. Bachini completed both her residency and child and adolescent fellowship at Maricopa Medical Center in Phoenix, Arizona. She currently holds board certification through the American Board of Psychiatry and Neurology for children, adolescents and adults.

Her professional affiliations include the American Psychiatric Association, Arizona Medical Association, Arizona Society of Child and Adolescent Psychiatrists, and the American Academy of Child and Adolescent Psychiatry.

Serving as an advocate for children and their families, Dr. Bachini strives to help parents, educators and all those in a child's world come to understand the unique circumstances that have shaped the child's mind and continue to influence their behaviors. Through speaking at conferences and in the community, she hopes to help destigmatize mental health issues and empower children and their families.

When not at work, Dr. Bachini enjoys traveling and spending time with her family.

Awards

- Top Doctor Recipient, PHOENIX magazine



Angela Clervoix

Next Gen/Business Manager, Stingley Management McDonald's

Angela is a next-generation Business Manager to 15 of her family's owned McDonald's restaurant locations throughout the valley. She oversees the operations and back-office team of over 700 employees. In addition to this job, she is preparing for her most significant role yet as a next-generation owner-operator, succeeding her parents, who have been operators for over 40 years, and supporting her mother, the current chairwoman of the National Franchise Leadership Alliance.

Angela formed Soul House LLC while homeschooling her children and attending college at DePaul University in Chicago and published and wrote its first book, *The Courage To Change*. She had a passion for reading and writing from an early age. First, manifesting as a compassionate and fiery poet in her early 20s soon led to writing opportunities with notable urban publications such as *XXL Magazine*. Next, a successful blogging stint would morph into her first book, *The Courage To Change*, followed by self-help workshops and events geared towards supporting women and women-focused organizations. Angela contributed to The Dream Catcher Foundation as a mentor and organizer for those affected by Human Trafficking while also serving as a grantmaker and fundraiser on The Young Women's Giving Council for the Chicago Foundation for Women. Angela is also a certified Yoga, NLP, and Reiki practitioner.

In 2014, as a newly divorced single mom searching for after-school resources for her young girls. Girls on the Run was highly sought-after as a program at her children's school, and she was relieved to not only find a great resource but impressed with the curriculum and staff. Later that year, Angela and her three daughters ran their first Girls on The Run 5K, had a great time, and made lasting memories with friends.

Angela is a former runner, winning district and local long-distance and track events throughout childhood. She is a Desert Mountain High School graduate in Scottsdale, winning several track events and placing top 20 in the state for 200 meters.



Olivia Fierro
News Anchor, 3TV

Olivia Fierro is an Emmy Award-winning news anchor who can be seen waking up Arizona viewers daily on "Good Morning Arizona." She first joined 3TV as a news reporter in 2003, just her second on-camera job after reporting in Amarillo, Texas.

Olivia holds Bachelor of Arts degrees in history and women's studies (now gender studies) from the University of California, Los Angeles. After graduating, she turned to UCLA's Extension Program for broadcast journalism.

A lifelong love of reading turned into a work project with the launch of [Olivia's Book Club](#) in January 2019. In 2021, she expanded the brand with a [weekly podcast](#), interviewing bestselling authors about their books and their personal stories. Growing her role in the book community, she also hosts events for Changing Hands Bookstore, both in person and online.

Committed to the value of local news as a means of connecting people and strengthening our sense of community, she regularly donates her time to local nonprofits as a volunteer or event host. Organizations she works closely with include Chicanos por la Causa, March of Dimes, Dress for Success, Valley of the Sun United Way, and Girls on the Run.

Olivia has had the opportunity to interview influential people throughout her career, from politicians (Govs. Ducey, Brewer, Napolitano, U.S. senators, local mayors, and President Joe Biden) to athletes (Larry Fitzgerald, Diana Taurasi, Michelle Kwan,) actors, authors, and musicians.

Her favorite part of a career with Arizona's Family is the privilege of helping keep our community informed, empowered, and occasionally entertained.

Outside of work (and reading), she enjoys yoga, trying new restaurants, and watching her son play sports. She lives with her husband, son, and goldendoodle.



Sasha Graham

Podcast Host, Childrens Book Author

Sasha is a former executive at the Walt Disney Studios and her writing has appeared in magazines, newspapers and on television. She grew up on a farm in Oregon with her three siblings, a horse named Jim and a barn cat named Peanut Butter. She attended the University of San Francisco and following graduation, she worked in San Francisco as a television writer/producer and as a publicist. She later moved to Los Angeles to work for the Walt Disney Studios and it was in LA that she met her husband Alan, a pediatrician. Sasha is the author of two children's books, MILO DOES NOT LIKE MORNINGS (which has also been translated into Spanish) and WHITNEY WINS EVERYTHING. Both are part of the Tiny Ninja Books collection.

It was the publicity tour for WHITNEY WINS EVERYTHING that inspired Sasha to launch her podcast, SPORTS WILL SAVE US ALL, bringing listeners great sports stories about the incredibly unifying nature of sports and all of the ways sports affect our lives. SPORTS WILL SAVE US ALL now ranks in the top 10% of all podcasts globally.

Sasha loves animals, sports, going on adventures with her husband and their three kids, reading, and, of course, dreaming up new Tiny Ninja stories. She is a longtime volunteer at Camelot Therapeutic Horsemanship and a board member of The Giving Group AZ. She has been skydiving twice, bungee jumping once and dreams of visiting Madagascar to see the ring-tailed lemurs there.

You can learn more about Sasha, her books and her podcast by visiting www.TinyNinjaBooks.com.



Ilsa Manning
Entrepreneur, Ilsa Fragrances

Ilsa Manning is a mother, founder, fragrance designer, author and your biggest cheerleader. Born and raised in Phoenix, Arizona she adventured to Europe after graduating with a BA in History from the University of Arizona. She lived in France, Poland and England; she taught ESL, graduated with an MA in Modern History from Royal Holloway, University of London, and finally found her calling in fragrance while working at the largest fragrance and flavor supplier in the world. Ilsa returned home to Phoenix with a husband in hand and a drive to pursue all things fragrance and, after an epiphanic awakening sparked by her new daughter's love for her, Ilsa found self-belief for the first time in her life. Now her mission is to bring this same awakening to all women out there through her luxury fine fragrance brand Ilsa Fragrances. You can find her, her empowering fragrances and positive messages at ilsafragrances.com, on Instagram, Facebook and Twitter @ilsafragrances, and Instagram @ilsamanning. She currently lives in Phoenix, Arizona with her English husband, two daughters and dog that looks suspiciously like a coyote.



Carla Vargas Jasa
President and CEO
Valley of the Sun United Way

Valley of the Sun United Way President and CEO Carla Vargas Jasa grew up learning that to achieve bold goals you must be willing and dedicated to creating mighty change. Her father was the perfect teacher -- as a student in Paraguay, he protested against his country's dictatorship, and consequently was jailed and tortured. After relocating to the United States, his dedication for human rights, equity and democracy endured and he passed this passion onto his daughter.

Carla joined Valley of the Sun United Way in July 2019 as the first female and Latina leader of the organization, which serves the more than 4.6 million people of Maricopa County and is among the largest United Ways in the United States. In her first year, she led United Way's local response to COVID19, rallying donors and uniting the non-profit community. In just weeks, United Way raised more than \$3M, acquired 2M PPE and \$800K in gifts-in-kind and swiftly put all of it back into the community where the need was greatest. During that same timeframe, she launched United Way's Diversity, Equity, Access and Inclusion initiative, co-led by staff and board members.

With an eye to the long-term needs that existed prior to and were exacerbated by the pandemic, Carla and team launched MC2026, a 5-year plan for Mighty Change in Maricopa County. Introduced in March 2021, the plan is based on community surveys, town halls and listening sessions and focuses on achieving bold community goals across four strategic priorities -- Health, Homelessness/Housing, Education and Workforce Development -- and addressing the systemic barriers to diversity, equity, access and inclusion that make these issues so pervasive.

Carla's leadership is already highly recognized in the Valley. In May 2021, she was named one of the Phoenix Business Journal's Most Admired Leaders and United Way was selected for the Greater Phoenix Chamber Community Champion IMPACT Award. In 2020, Carla was recognized as a "2020 Leader of the Year" by the Arizona Capitol Times and named among the "Most Influential Women in Arizona Business" by AZ Big Media. In December 2020, the organization received the largest gift in its nearly 100-year history, \$25 million from renowned philanthropist, author and business person MacKenzie Scott.

Prior to coming to the Valley, Carla held several leadership roles for Orange County United Way, where she guided the development of FACE 2024, a 10-year strategic community impact plan driven by measurable community goals, which are tracked and reported in an annual

Community Scorecard. She also guided the launch of United to End Homelessness, a communitywide response that brought new and innovative public-private partnerships to that market.

She's no stranger to Arizona – Carla spent her early childhood in Tucson where her father taught at the University of Arizona. She and her parents also lived in Mexico and California. Carla earned a B.A. in Political Science from the University of California at Berkeley. In her free time, Carla enjoys spending time with her husband and her Boston terrier, hiking in the Arizona desert, cheering on Valley sports teams and exploring new wineries north and south of the border.