

Girls on the Run Greater Hartford

Inspiring girls in Hartford, New Haven, Fairfield, Tolland & Litchfield Counties



Adopt a Team

Individuals, businesses, clubs or organizations can empower an entire team of girls! Rally a group of friends, employees, or co-workers to engage with a team for a season and **make a lifelong impact on a group of girls in your community.**

Ways to Support

- **Coach**
 - Each team needs at least 1 head coach, 1 assistance coach, and 1 substitute coach
 - Work together to guide your team through a fun season of programming
- **Site Liaison**
 - Help get a new team started at a local school or community site
 - Assist with approval from school or site, securing coaches, and recruiting girls
- **5K Running Buddy**
 - Run alongside a girl from your team as she completes her end of season 5K, supporting and encouraging her over the finish line
- **5K Volunteer**
 - Provide support for the planning and execution of our end of season 5K events
- **Financial Support**
 - Fund full or partial scholarships for your team of girls
 - Cover the cost of program t-shirts, supplies and snacks for your team
 - Through corporate support, personal giving, individual or group fundraising, you can provide your team with everything they need for a fun and inspiring season!

Have an idea? Want to support a team in a fun new way? We would love to hear from you!
Contact Jessica Bell, Executive Director, to discuss the exciting possibilities.
jessica.bell@girlsontherun.org | 315.345.5937