

# Girls on the Run Georgia Board of Directors



Are you passionate about Girls on the Run and the impact it has on our community? Do you have a desire to help shape the future of our council? We are accepting applications for the Girls on the Run Georgia Board of Directors, term beginning July 1, 2023. We welcome applicants from all backgrounds and are particularly interested in candidates who possess a combination of the following areas of expertise:

- Business Development
- Finance
- Legal
- IT / Data Management
- Marketing
- Operations

To express your interest in applying, fill out our Board Member Interest Form - bit.ly/2023BOARDINTERESTFORM by April 7.

#### **Board Member Responsibilities**

The Board of Directors of Girls on the Run Georgia (GOTR) drives strategy, financial health and sustainability of our organizations. Board members are asked to:

- Serve for two years (with an option of continuing for two additional terms)
- Begin service at the start of our fiscal year, July 1
- Attend 80% of Board meetings per year (five per year)
- Attend one extended meeting or "retreat" per year
- Participate on a Board Committee and in Task Force projects
- Financially contribute a minimum of \$1,000 to GOTR Georgia
- Raise a minimum of \$1,000 from their network to support GOTR
- Conduct a program site visit
- Attend the Girls on the Run 5Ks
- Assist GOTR by advocating for the organization, prospect identification, facilitating connections and attending events.

### Submit Your Interest Form: bit.ly/2023BOARDINTERESTFORM





## About Girls on the Run Georgia

Girls on the Run Georgia (formerly Girls on the Run of Atlanta) is a nonprofit organization that has inspired more than 35,000 girls to be healthy, joyful and confident since its founding in 2000. The council, which once served four counties in and around Atlanta, now serves communities throughout greater Atlanta, Athens, North Georgia, Central Savannah River Area (CSRA) and Georgia's Golden Isles, with plans to expand to other areas throughout the state.

Through our activity-based, positive youth development programs participants in 3rd-8th grade feel confidence in who they are, develop strength of character, respond to others and oneself with care, create positive connections with peers and adults, and make a meaningful contribution to their community. Each session is led by trained volunteer coaches that guide and mentor the girls. Our 12-week fall and spring seasons each conclude with all participants completing a celebratory 5K event, giving them a tangible sense of achievement as well as a framework for setting and achieving life goals.

### **Our Impact**

97% of participants learn critical life skills including managing emotions, resolving conflict, helping others and making intentional decisions that they continue to use post-season at home, at school and with their friends.

10%

Girls who are least active at the start of a season increase their physical activity level by 40% from pre- to post-season and maintain this increased level beyond the end of the season.

Girls make their greatest gains in confidence and connection. They improve in how much they like the kind of person they are, and are more likely to say they have classmates who like them the way they are.



girlsontherunatlanta.org