

GIRLS ON THE RUN GEORGIA FY24 Impact Report

Unleashing Her Limitless Potential



2,525

**UNSTOPPABLE YOUTH
SERVED**



176

**GIRLS ON THE RUN AND
HEART & SOLE TEAMS**

Girls on the Run Georgia empowers girls and gender-expansive youth to be joyful, healthy, and confident through physical activity and life lessons. Our programs focus on building essential **social**, **emotional**, and **physical** skills to help 3rd-8th graders navigate life's challenges with confidence. With an evidence-based, intentionally designed curriculum, we emphasize social-emotional learning, critical life skills, and fostering healthy attitudes and behaviors that **support their long-term success**.

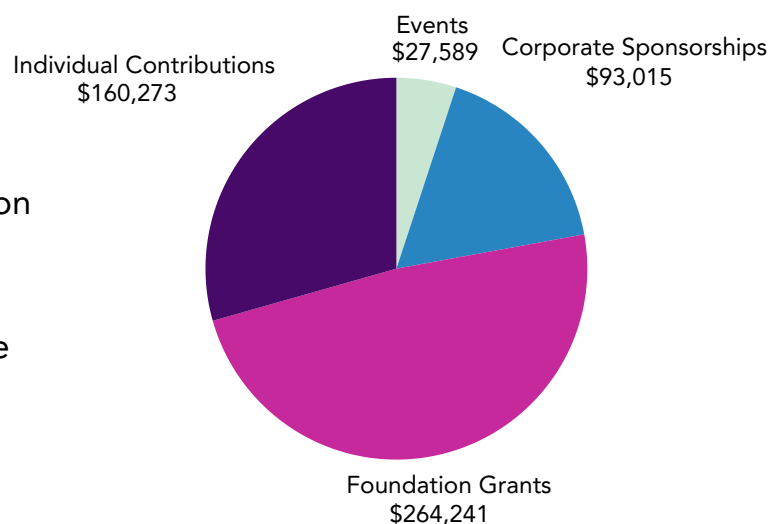
Effectiveness Demonstrated Through Measurable Outcomes

- * 95% of girls feel more confident.
- * 93% of coaches saw participants increase confidence.
- * 92% of girls learned skills to help deal with strong emotions.
- * 87% of caregivers agreed that GOTR helped their child gain skills to handle stress.

THANK YOU!

Through your generous support, participants experienced **remarkable growth in confidence**, highlighted by their preparation for and completion of the celebratory Girls on the Run 5K event. This achievement not only **boosts confidence** in physical abilities but also **empowers youth** to face life's challenges with **greater courage**.

FY24 Funding Summary



**You provided \$358,496 in
scholarships to support participants
furthest from opportunity!**

Visit girlsontherunga.org to learn more.

