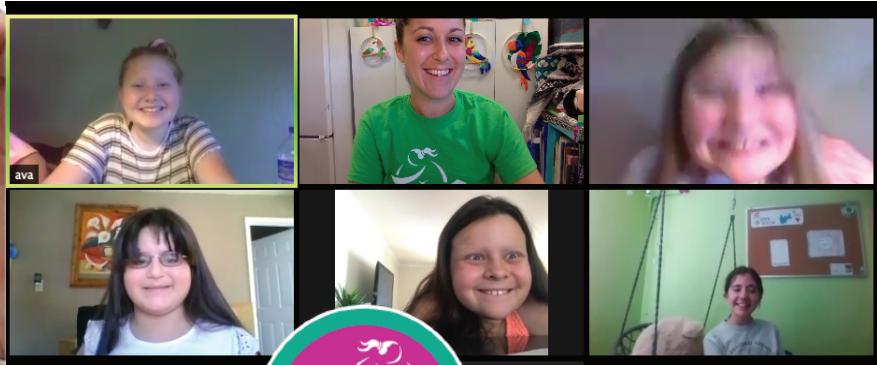


Despite unprecedented mental & physical health challenges with COVID-19, Fires, election and racial reckoning.



"Girls on the Run is where she needed to be."

A mother who drove her young girl, Justice Juliette, straight to the park for Girls on the Run instead of home when the road opened to Calistoga after being evacuated for the Fire.



Mental & physical health
fostered safely in parks or virtually throughout Fall 2020

Building Resilient Girls

Very-Kind Vanessa 5th Grader

"I liked seeing my friends who I hadn't seen in-person since March."

Girls on the Run Napa & Solano remained committed to fostering social, emotional and physical health throughout this unprecedented year: we were one of a few organizations that didn't pause, but simply offered different delivery models and choice, including an in-person program during the Fall. Thanks to 56 community members who raised their hand to volunteer, 224 Girls (50% of Fall 2019) participated! Young girls' laughing, playing, learning, and reconnecting with each other on the lawns of local parks was a unique sight that filled us with hope. Thirty-nine (39) girls (17%) completed a survey in the Fall and despite COVID-19 and new preventative strategies, girls reported profound impact. Girls said that because of Girls on the Run:

New Delivery Models- Still Positive Impact!

Social

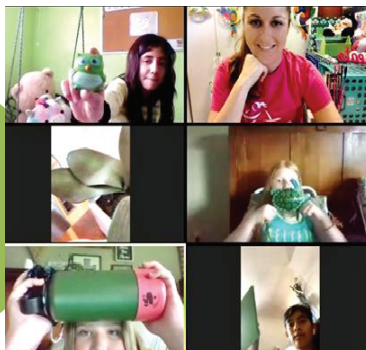
- * 83% Feel close to the people at their school
- * 87% Are trying to be a caring community member



"The best part of Girls on the Run was seeing everybody even when we had to wear masks and social distancing. Also, when I got to run with my best friend and playing games. My two favorites games was the I Feel game hopping around like frogs. The last game was sharks and minos playing with everyone." **Fall 2020 Fancy Faith 5th Grader**

Emotional

- * 73% Are sure of themselves
- * 76% Celebrate what makes them unique
- * 77% Help when they see someone being bullied



Virtual

Physical Health

- * 89% Are moving at least 60 minutes 3 times + a week!



In-person

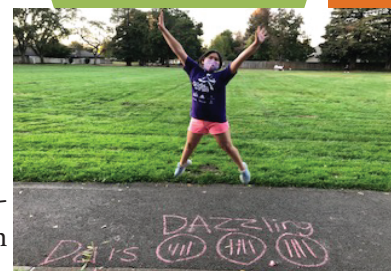
100% of Girls said GOTR was positive & fun!

Caring Volunteers

146 Resilient Leaders Inspire

Our biggest reach ever started in the Spring with 622 girls (a 10% increase over last year) at 47 schools. 74% of participants were from financially disadvantaged families and 70% came from traditionally under-represented ethnic/racial groups. We were able to immediately shift to GOTR at home (self-led virtual curriculum) after the shelter at home order came in March. In the Fall, despite challenges with communication and technology, we remained committed to access and inclusion with 224 girls in 28 small groups with 66% from traditionally under-represented ethnic/racial groups (76% of Fall 2019) and 64% financially disadvantaged families (88% of Fall 2019).

Throughout the year, we were able to inspire 773 unique girls to be confident, joyful, healthy and caring because of 3 amazing staff and our family of 146 fantastic volunteer life coaches who gave their valuable time and energy! This Fall, the majority were returning teachers and 22 brave new leaders. New mentors included high schoolers, parents, hospital workers and 9 women home from college due to COVID-19 (Spelman College and Dominican University, along with Napa Valley College).



70% financially disadvantaged & 69% traditionally under-represented racial/ethnic group families

100% of Girls felt their coach cared about them!



"I have enjoyed being able to coach again with Girls on the Run and appreciate the opportunity. It was an unexpected blessing during these tough times and where some days seem darker than others. Empowering them, has definitely Empowered me! "

Fall 2020 returning volunteer life coach



Mentor



Life Coach

"This Fall 2020 was the best experience yet"

Nine year volunteer life coach

Girls on the Run Napa & Solano

3299 Claremont Way Suite 6

Napa, CA 94558

55-0906534

GOTRNapaSolano.org

Being a Stand-Byer

Inclusive, Just & Equitable Community

We stand up for every American in celebration of our uniqueness. We stand with our communities, no matter their race or color of their skin, and we embrace the uniqueness within diversity. We choose to be a standbyer, not a bystander, in this time of injustice in our nation, as this is a value we hold strong to at Girls on the Run Napa & Solano. We choose to be and support an environment where all girls (people) can feel safe to be themselves, fearlessly! As we move forward, we stand committed to foster an inclusive, equitable and just place for all.

Virtual DREAM Hall



As part of our commitment to amplify unique women's voices, we shared **10 unique Dream Hall women** from our community in the summer & winter!

Sustainable & Healthy

We met our reduced expenses for the year with a small surplus. Thanks to Napa Valley Vintners, local family foundations and our circle of super star donors, we have raised \$86,800 for 2021. Long-time partners Trincherro Family Estates and Soroptimist International of St. Helena Sunrise also generously donated. We contributed to vulnerable community members' mental and physical health as an active member with Community Organizations Active in Disasters and Community Leaders Coalition Steering Committee. We supported County-wide Complete Count Committee so more voices heard in Census 2020 work.

Revenue Streams

