# Together, we build resilience & community



At Girls on the Run North Bay, every girl receives what she needs to build resilience and community. We provide an inclusive, fun, and diverse environment where she can nurture her emotional health, build positive friendships, and develop tools to recognize her potential and reach her dreams!

Thanks to our partners and champions, we are achieving our goal to expand support for our under-resourced communities since merging to serve Napa, Solano, and Sonoma in 2022. Although there was a decrease in the overall number of participants this year, we are pleased that the number of families receiving financial support increased by 20%.

- 1,143 participants fostered social, emotional, and physical health
- 59 schools held groups thanks to 179 volunteer mentor coaches
- 74% of girls received financial assistance
- 69% of girls came from traditionally under-represented racial/ethnic groups



Toyful Janet Janet Todd

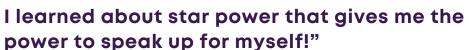
Executive Director



Corinne Pampinella **Board Chairperson** 

# OUR reason WHY





Grant Elementary School participant, Spring 2023



To be good to our community"

Dan Mini Elementary School participant, Fall 2023

Girls on the Run taught me how to be strong and never give up!"

Canyon Oak Elementary School participant Fall 2023

# 2023 FINANCIALS



Support, Revenue & Other Income	Total
Grants	\$187,447
School District Contributions	\$83,194
Contributions	\$84,558
Sponsorships	\$49,840
Fundraisers	\$75,073
Registration Fees	\$86,410
Total Support, Revenue & Other Income:	\$566,522

Expenses	
Program (77%)	\$433,406
General & Administrative (14%)	\$78,832
Fundraising (9%)	\$53,486

Total Expenses:	\$565,725
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In-kind Donations:

\$41,314

School District 15%



# **SUPERSTAR GIVING**

Sarah & Joel Gott

Nena Hopkins Talcott

Janet & Quinn Polsinilli

Erin & Pete Przybylinski

Jen & David Risher

Annette & Doua Shafer

Napa Valley Community Foundation

Freed Family Fund

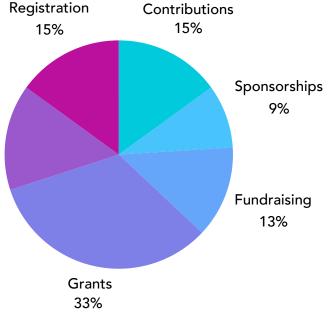
Parie & Blair Lambert Family Fund

Isabel & Michael Mondovi Napa Fund

Klenz Family Fund

Silverado Farming One Percent Fund

Thacher Family Fund



## **Corinne Pampinella Board Chairperson** Tech Consultant

Shannon McClaren\* **Finance** Frogs Leap

#### **Avonelle Hanley Mills**

**Board Member** Non-profit

**Annette Musson\* Board Member** Retired

#### Danielle Schofield\* **Board Member** Parent/Coach

Janet Todd **Executive Director** Girls on the Run NB

# BOARD OF directors

#### **Marc Van Riper Board Member** Kaiser Permanente

**Amy Linn Board Member** Designer

<sup>\*</sup>Concluded their board role as of 12/31/2023. 2024 new board members include: Debra Fisher, Molly Hodgins, and Sushma Shankar.

# **2023 IMPACT**



1,143

Girls served

\$480,112

Total in contributed income (85%) \*

**59** 

Total schools

179

Coaches

150

5K volunteers

# **IMPACT**

voices

Coaches

Since our founding in 2006, Girls on the Run North Bay works to actively recruit coaches that represent the girls. This past year, more multilingual and Spanish speaking volunteers have joined with 42% diversity. 100% of participants felt their coaches cared about them! "Girls on the Run teaches our girls to be the best version of themselves and gives them tools to be successful in life!"

Gabi Rubio, Girls on the Run North Bay Coach & St. Helena Elementary School Teacher

# Girls

The program continues to show profound impact despite ongoing mental and societal challenges. 490 participants completed paper surveys at the end of the Spring & Fall programs and the reported findings are below:

## Social

- 94% Feel their GOTR teammates support them
- 98% Are trying to be caring community members

# **Emotional**

- 93% Celebrate what makes them unique
- 90% Feel GOTR helps them deal with strong emotions

# **Physical**

• 81% Are moving at least 60 minutes 3 times a week

Region	Girls	% Financial Assistance	% Diversity
Napa	409	76%	71%
Solano	299	86%	84%
Sonoma	430	64%	48%
Total	1,138	74%	69%





Grateful for our partners

Every girl was uniquely impacted by the generosity of our partners and champions. We are grateful our long-time supporters, Napa Valley Vintners, Clif Family Foundation, Risher Family Foundation, Napa Valley Community Foundation, and other family funds and new donors that together help more girls from under-resourced communities access life-changing programming. Together, we are building an inclusive, diverse, and equitable community and giving her the gift of confidence to achieve her dreams.



#### LOCAL PARTNERS

**GRANTORS** Napa Valley Vintners, Clif Family Foundation, Risher Family Foundation, Napa

Valley Community Foundation, Lambert Family Fund, Providence Queen of the Valley Medical Center, Klenz Family Fund, Rite Aid Foundation, Silverado Farming

One Percent Fund, and Thacher Family Foundation

SCHOOL DISTRICTS

Vallejo City Unified School District, Napa Valley Unified School District, Bellevue Union School District, Howell Mountain School District, and Sonoma Valley

**Unified School District** 

### LOCAL SPONSORS

PRESENTING SPONSORS

Kaiser Permanente & Community Projects, Inc.

SUISTAINHER & BUILDHER SPONSORS

Soroptimist St. Helena Sunrise, American Canyon Orthodontics, Exchange Bank, Clif Family Winery, Clover, Crimson Wine Group, The Doctors Company, Frog's Leap Winery, Linkenheimer, Malloy Imrie & Vasconi Insurance Services, Mare Island Co., Meritas Wealth Management, Mechanics Bank, Napa Printing Services, SOMO Village, Ortiz Electric, Poppy Bank, and Recology

## NATIONAL PARTNERS

ADIDAS | GAMMA PHI BETA | RITE AID FOUNDATION
THIRTY-ONE | CARIBOU COFFEE | BAND

## DEAR AMAZING YOU!

