

## Dear Friends & Supporters,

As we reflect on this 15th anniversary year at Girls on the Run Michiana, we are filled with appreciation and pride. For more than a decade, this community has come together to inspire strength, confidence, and joy in thousands of girls - and 2025 was a powerful reminder of what's possible when we all embrace our "I can" power.

Our girls - and our community - embodied the spirit of this year's "Hello, Mountain Mover!" curriculum, learning to face challenges with courage and resilience. From our joyful Sparkle of Gratitude gathering to record-breaking 5K events, from piloting a coach mentorship program and expanding in Elkhart County to deepening community partnerships, this year was proof that we are all Mountain Movers.

In this report, you'll see the impact of your support in every story, every number, and every smiling finish-line photo. Thank you for helping create a safe, supportive space where every girl can learn to believe in herself. As we look ahead to next season and our "Hello, Bold Heart!" curriculum, we're excited to keep growing together.

With gratitude,

*Amy*

Amy Cooper Collier, Executive Director

*Tania*

Tania Bengtsson, Board Chair

*Elizabeth*

Elizabeth Kubinski, Incoming Board Chair

Over **10,000** Michiana girls served since 2010!



## We are all Mountain Movers



“

I learned that I did a lot of negative self-talk, and after learning about what to do when saying bad things about myself, I have not done it in a long time.”

**GOTR GIRL**

## Why gotr matters:

**53%** of U.S. teen girls felt persistently sad or hopeless in 2023, nearly double that of boys.

2023 CDC's Youth Risk Behavior Survey Data Summary & Trends Report



**92% of participants**

said they learned things at Girls on the Run to help them deal with strong emotions.

Only **16%** of girls met the guideline of 60 minutes of physical activity daily.

2022-2023 National Survey of Children's Health



**98% of caregivers**

said AFTER participating in GOTR, their child is physically active.



## BOARD OF directors

**TANIA BENGTTSSON\***

Board Chair  
EOS

**AMANDA MORRIS-FELDMAN**

First Federal Savings Bank  
(Rochester)

**EMILY SIMS**

South Bend Code Works

**JODY JULIAN**

Sweeney Julian

**TRESSA DECKER**

PHM Principal, Retired

**JORDAN BINION**

Walt Disney Elementary

**ELIZABETH KUBINSKI\*\***

LOGAN Center

**KATHERINE CHRISTOFFERSEN**

Goshen Schools

**MYRNETTA DANIEL**

Center for the Homeless

**DR. ALICIA BATES**

Hesburgh Libraries/University  
of Notre Dame

**SAMANTHA LAMBERT+**

Community Volunteer, Elkhart

+New board member

\*Rolling Off

\*\*Incoming Board Chair

## RESOURCE

# Champions

Support, Revenue & Other Income	Total
Sponsorships	\$76,752
Individual Giving	\$138,468
SoleMates	\$9,592
Contributions & Grants	\$102,773
Registration Fees	\$109,525
Merchandise Sales/Miscellaneous	\$8,553
<b>Total Support, Revenue &amp; Other Income:</b>	<b>\$445,663</b>

Expenses	Total
Program (61%)	\$229,205
General & Administrative (15.5%)	\$58,243
Fundraising (23.5%)	\$88,649
<b>Total Expenses:</b>	<b>\$376,097</b>



**\$91,998**

The total amount in GOTR Participant Scholarships given.



**\$160,000**

The total value of over 8,000 volunteer hours delivered by Girls on the Run coaches!



Our Platinum Seal of Transparency isn't just an honor — it's a symbol of trust. Fewer than 1% of U.S. nonprofits earn this distinction, making our commitment to openness truly stand out.

Platinum  
Transparency  
2025

Candid.



# GIVING circle

Anonymous  
Tania Bengtsson  
Bill Deputy Foundation  
Cindi & David Boesler  
Babette Boling  
Stephanie Cerney  
Christoffersen Family  
Judy & Dave Eckrich  
Sharon & Matt Edmonds  
Brian Esch  
Jan Farron  
Mark & Amanda Feldman  
Abby & Jordan Flink  
Jim Fulton  
Jamie & Jeff Helman  
Kate & Tom Huber  
Connie & Michael Joines  
Jody & Frank Julian  
Stacy Koebel  
Elizabeth Kubinski  
William & Samantha Lambert  
Kim & James Leep  
Lin Mallory

## Muffet McGraw

Giving Circle  
member since  
2024

"Girls on the Run builds strong girls — confident, courageous, and unafraid to lead. That's the kind of future I want to invest in."

Katie & Will Mishler  
Joseph & Ardith Opferman  
Audra & James Sieradzki  
Sally & Doug Smoker  
Jen & Phil Smoker  
Bob & Bobbie Sutton  
Vonnie and Scott Trumble  
Welter Foundation

# COMMUNITY Impact

 **1,097**  
GIRLS SERVED

 **75**  
TOTAL TEAMS

 **270**  
COACHES

 **67** COMMUNITY  
PROJECTS

 **1,198**  
5K PARTICIPANTS

 **120**  
5K VOLUNTEERS

\*\*\*\*\*

"AT GIRLS ON THE RUN,  
I FEEL GRATEFUL,  
CONFIDENT, AND  
STRONG."

GOTR Girl, 3<sup>rd</sup> Grade

Pictured Above:  
Muffet McGraw -  
while visiting Madison  
STEAM - and a group  
of GOTR girls do the  
'Super Girl Power'  
energy award.





## LOCAL partners



### PRESENTING SPONSOR:



A DIVISION OF **duly** HEALTH AND CARE

### GIRL POWER SPONSORS:

Community Foundation of Elkhart County, AEP Foundation, Fleet Feet Mishawaka, Pathfinders

### PACESETTER SPONSORS:

Smoker Craft Inc., Gurley Leep, Martin's Super Markets, Welter Foundation, Thor Industries, Logistick, Junior League

### SPARKLE SPONSORS:

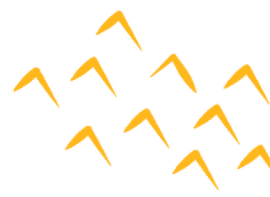
Crowe, WNIT, South Bend Orthopaedics, Navarre Hospitality Group, Morris Animal Hospital, South Bend VPA, Tire Rack, Trinity Foundation, Career and Success Academy, AK Industries, Cressy Leadership, Masterbilt, Inc., Genesis Products

### LIMITLESS POTENTIAL SPONSORS:

All Secure, Shive-Hattery, Kruggel Lawton, University of Notre Dame, Indiana Physical Therapy, Northwest Bank, Beyond Zen, Footprints Dance Studio, Five Star Sheets, Branches Salon, HealthLinc, THK Law, Babsco, First Federal Savings Bank, Indiana Farm Bureau Insurance, Everwise Credit Union



## GRATITUDE Corner



Girls on the Run is made possible only through the generosity of supporters like you. Whether you are volunteering your time, providing scholarship or operational dollars, or simply encouraging others to learn more about this life-changing program, **you are ensuring that girls are equipped with the self-confidence and concrete skills to bring their full and amazing selves to the world!** That spark of confidence ignites their future and spreads to their families, their schools, and their communities. Thank you for being part of the Girls on the Run movement!



## NATIONAL PARTNERS

ADIDAS | GAMMA PHI BETA |  
RITE AID FOUNDATION | BAND



## DEAR MOUNTAIN MOVER!

