

CELEBRATING 14 YEARS OF EMPOWERING GIRLS!



2026 Sponsorship Opportunities

Girls on The Run Long Island | gotrlongisland.org | 516.987.7477

Who We Are

Girls on the Run Long Island is a 501 (c) 3 nonprofit which provides a physical activity based positive youth development program for girls in 3rd through 8th grades. Our transformational, research-based curriculum includes lessons that help girls improve their competence, confidence, and character while connecting them to their community through a girl led community service project.



What We Do

The girls meet after school for 16 twice-weekly lessons where our trained coaches teach life skills through dynamic, interactive activities and running games. The program culminates with the girls being physically and emotionally prepared to complete a celebratory 5K running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness.

Where We Are Active

We serve families in Nassau & Suffolk Counties on Long Island.

Our first team was in Fall 2012 with 12 girls, we have grown to serve over 6700 girls.

Girls Learn To

- Lead with an **OPEN HEART**
- Live her life with **POSITIVE INTENT**
- Recognize and **CONTRIBUTE TO HER COMMUNITY**
- Celebrate her **UNIQUENESS**
- TRUST HERSELF** more
- Speak her truth with **GREAT COURAGE**



6,700+

Girls Served since 2012

\$421,218

Scholarships Granted
2012-2025

2025 Data

885

Girls Served

431

Scholarships Granted

51%

of program girls received
financial assistance

\$93,792

Scholarships Granted

26

Fall Sites

39

Spring Sites

65

Total Sites

Sponsorship Opportunities

Why Partner with GOTR Long Island

- Make a positive, lasting impact on the lives of girls and their families.
- Demonstrate that you are a company that cares - driving sales, customer loyalty and new customer acquisition.
- No girl is ever turned away for the inability to pay.
- Showcase your commitment to strengthening health and wellness within our community.
- Meaningful employee volunteer engagement opportunities.
- From our first team was in Fall 2012 with **12 girls**, we have now grown to serve **over 6,700**.
- Since our inception, our sponsors have provided over **\$420,000** in scholarships.
- In 2025, we added more teams from underserved communities and provided **\$93,792** in financial aid benefiting **51%** of the girls we served.
- We inspire, encourage, strengthen and build the confidence of our next generation of women.
- Our combination of research-based curriculum, trained coaches and commitment to serving all girls sets us apart. We are a trusted resource for girls, parents, caregivers and the community.



What is the most important thing you learned about yourself at Girls on the Run?

"I LEARNED THAT I CAN SPEAK UP WHEN PEOPLE ARE BULLYING ME AND HOW TO BE MYSELF."

"I AM STRONG AND CONFIDENT. I CAN DO ANYTHING I SET MY MIND INTO DOING. I CAN BE ME."

99% SAY THEY LEARNED CRITICAL LIFE SKILLS AND THAT THEY FELT THEY BELONGED

92% AGREE THAT THEY LEARNED WAYS TO COPE WITH STRONG EMOTIONS

Marketing Reach

Girls, Youth, Running, Community, Schools, Donors, Families, Running Buddies, Volunteers

1,635

Facebook

7,700

Email subscribers

1,818

Instagram

2-5K

Events

1.8K

Attendees (Spring 5K)

1.5K

Attendees (Fall 5K)

Sponsorship Levels per season	Star Power	Energy Award	Limitless	Girl Power	GOTR Guardian
	\$1000	\$2500	\$5,000	\$7,500	\$10,000
Premium booth placement at 5K venue					*
Opportunity to address crowd from the stage at 5K					*
Top billing as Presenting Sponsor in all advertisements					*
Opportunity to give away a promotional item or giveaways					*
Company name/logo on race bibs				*	*
Company name/logo on 5K finish line arch			*	*	*
Company table at 5K events (employee engagement)			*	*	*
Company name/logo on 5K shirt/giveaway		*	*	*	*
Company name/logo and website link on Girls on the Run Long Island website for one year	*	*	*	*	*
Company name/logo on Girls on the Run Long Island newsletters distributed seasonally to 1500+ contacts	*	*	*	*	*
Company sign displayed at 5K venues	*	*	*	*	*
Free entries to Girls on the Run Long Island 5K	1	2	3	5	10
Social media (Facebook, Instagram, Twitter, Linked In) acknowledgements (3,000+ social media followers)	1/season	1/season	1/season	1/season dedicated	2/season dedicated

YES, I WANT TO MAKE A DIFFERENCE IN THE LIFE OF A GIRL!



I want to sponsor at the following level:

- | | |
|---|---|
| <input type="checkbox"/> GOTR Guardian Sponsor (\$10,000) | <input type="checkbox"/> Energy Award Sponsor (\$2,500) |
| <input type="checkbox"/> Girl Power Sponsor (\$7,500) | <input type="checkbox"/> Star Power Sponsor (\$1,000) |
| <input type="checkbox"/> Limitless Potential (\$5,000) | <input type="checkbox"/> Power Hour Sponsor (\$500) |
| | <input type="checkbox"/> Sponsor a Girl (\$250) |

Name and Address of Your Organization

Season

Contact Person

Email

Phone

We are so grateful for your support and your generous contribution! Girls on the Run Long Island is a 501c3. All donations are tax deductible. EID: 27-4753030



Girls on the Run Long Island
Eisenhower Park|Lannin Cottage
1899 Hempstead Turnpike
East Meadow, NY 11554



gotrlongisland@gmail.com | www.gotrlongisland.org