



General Information for 5K Participants

2025 Girls on the Run 5K | Saturday, May 17 at Vasona Park

333 Blossom Hill Road, Los Gatos (GOTR Village & start line at the Boat Center)

Arrival Details

- Arrive early! All the fun is BEFORE the 5K begins.
- Give yourself plenty of time to park, take the shuttle, and walk to the venue.
- All program participants need to arrive by 6:45am.
- Arrive no later than 7:00am if you need to pick up your bib.

Registration

- Online 5K registration closes on Thursday, May 15 at 11:59 pm.
- See details below about registering in-person and bib pick-up.

Bib Pickup and In-Person Registration

All general 5K participants (including community runners, 5K buddies, friends, or family of Girls on the Run or Heart & Sole program participants) MUST be registered for the 5K and can pick up their 5K bibs or register in-person at one of our two bib pick-ups:

- Thursday, May 15th between 12:00–7:00pm at Sports Basement in Campbell (1875 S. Bascom Ave)
- Saturday, May 17th (the morning of the 5K) between 6:00–7:30am across the Boat Center in Vasona Park

Please note that Girls on the Run and Heart & Sole program participants are ALREADY registered for the 5K and will receive their bibs from their coaches. Program participants and coaches do NOT need to attend our Community Bib Pick-Up to receive their bibs.

Course Details

- 3.1 miles in and around Vasona and Oak Meadow Parks in Los Gatos
- Please bring a PRE-FILLED WATER BOTTLE with you, but water will be available at the 1.5 mile mark on the course and in the GOTR Village.
- Runners can collect fun bracelets at mile 1 and mile 2 along the course.

Wave Starts

To ease crowding and for safety, we have four wave starts. Only program participants and coaches are assigned waves*. Anyone running with a program participant (5K buddies, family, friends, etc.) should go in that participant's wave. Anyone NOT running with a program participant can go in any wave.

Wave 1

Warm-up at 7:45am – Start at 8:00am sharp! (*Teams starting with Cu - Laneview + Carolyn Clark)

Wave 2

Warm-up at 7:52am – Start at 8:07am sharp! (*Teams starting with L - Rocketship Fuerza)

Wave 3

Warm-up at 7:59am – Start at 8:14am sharp! (*Teams starting with Rocketship Mosaic - W)

Wave 4

Warm-up at 8:06am – Start at 8:21am sharp! (*Teams starting with A - Co + Ramblewood)

Please note there will be no early or late starts. For safety reasons, we DO NOT allow dogs, in-line skates, skateboards, bikes, etc. on the course or at the venue. Strollers are allowed, but must start in the back of each wave. The 5K is a non-competitive, untimed fun run. If you want to track your time, be sure to check your watch or phone. There will NOT be a clock at the finish line.

Please See Reverse For Important Driving & Parking Information



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Parking Information and Driving Directions

Please use the directions below. Do NOT use Waze or GPS.

General Parking - Free Parking in Vasona!

Vasona parking for the 5K is FREE. Park gates will open at 6:00am. Once the park is full, the gates will be closed and cars will not be able to exit the park until 9:30am, after the race course is cleared. **If you need to leave before 9:30am, do not park inside of Vasona.** Once the park is full, drivers will be directed just past the park entrance to the overflow or off-site lots along University Avenue, all within walking distance or via a short shuttle bus ride to the starting line.

FROM SAN JOSE

Take Highway 17 South and exit at Lark Ave Turn LEFT onto Lark Ave

RIGHT onto Los Gatos Boulevard

RIGHT onto Blossom Hill Road

RIGHT into the Vasona Park Entrance OR, if park is full, RIGHT onto University to the overflow parking areas

FROM SANTA CRUZ

Take Highway 17 North and exit at Lark Ave

Turn RIGHT onto Lark Ave

RIGHT onto Los Gatos Boulevard

RIGHT onto Blossom Hill Road

RIGHT into the Vasona Park Entrance OR, if park is full, RIGHT onto University to the overflow parking areas

PLEASE NOTE: You will NOT be allowed to turn LEFT into Vasona Park if you come from the other direction.

General Parking - Shuttle Lot Parking

If you would like to park outside of Vasona Park and/or get there after the overflow lots are full, follow the below directions to the off-site shuttle parking lot at Lark and University. The free off-site parking at 983 University Avenue is approximately 1-mile from the venue, but is not walkable. Shuttles will run from 5:30am - 11:30am for your convenience. Shuttles will drop off and pick up passengers close to the Vasona Park Peppertree Gate on University Avenue.

FROM SAN JOSE

Take Highway 17 South and exit at Lark Ave

Turn RIGHT onto Lark Ave, then LEFT onto University Ave.

The parking lot will be on the RIGHT

FROM SANTA CRUZ

Take Highway 17 North and exit at Lark Ave

Turn LEFT onto Lark Ave, then LEFT onto University Ave.

The parking lot will be on the RIGHT

General Parking - Ride Share Drop-Off

Northeast corner of University Avenue & Blossom Hill Road. To avoid all 5K traffic and shuttle buses, tell your driver to follow the directions below. **NOTE: NO drop-offs will be allowed inside Vasona Park!**

FROM SAN JOSE

Take Hwy 17 South and exit at Hwy 9 (to Saratoga)

Turn RIGHT onto University Ave. Cross Blossom Hill Road and drop off at the corner. Walk north on University and enter Vasona through the Peppertree gate OR walk down the hill through Oak Meadow Park to the venue.

FROM SANTA CRUZ

Take Hwy 17 North and exit at Hwy 9 (to Saratoga)

Turn RIGHT onto University Ave. Cross Blossom Hill Road and drop off at the corner. Walk north on University and enter Vasona through the Peppertree gate OR walk down the hill through Oak Meadow Park to the venue.