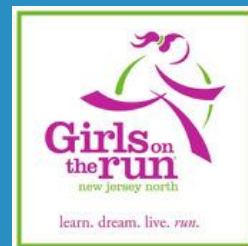


Girls on the Run NJ North 2025 Annual Report





DEAR FRIENDS,

As we reach the close of another remarkable year, my heart is full of gratitude. The quote on our coach shirt reads, “Her Stride, Her Strength”. In 2025, we have witnessed the incredible power that is revealed when a girl discovers her strength and chooses her own stride. When a girl who believes in herself is paired with a community that supports her, her potential is limitless! Your assistance in 2025 has enabled us to reach these significant milestones:

- ✧ Provided financial support to 67% of our participants
- ✧ Served nearly 800 girls
- ✧ Provided over 100 pairs of sneakers
- ✧ Completed 55 community impact projects

Since our founding in 2012, we have empowered over 8,700 girls to confidently cross the 5K finish line and taught them life skills to serve them in adolescence and beyond. This year, we introduced our new research-based curriculum suite intentionally designed to meet the needs of today’s girls.

- ✧ Hello, Superstar!
- ✧ Hello, Mountain Mover!
- ✧ Hello, Bold Heart!



Our creative curriculum helps girls build the confidence to be themselves through engaging lessons and activities that keep them moving.

We are excited about the year ahead and thank you for your investment in our life changing work!

WARMLY,

Maureen Dykstra
Executive Director



**We are ready.
We are set.
Let's go.**

As we look toward 2026, we are excited to continue our mission to build confidence, inspire joy in movement, and nurture emotional health in girls.



785

UNSTOPPABLE GIRLS



307

**DEDICATED COACHES
AND VOLUNTEERS**



55

**WELCOMING
SITES**



\$63,617

**IN SCHOLARSHIPS
FOR GIRLS**





At Girls on the Run NJ
North, we **empower**
girls to build confidence
and activate their
limitless potential.

Thank You

FLEET FEET
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Wallkill Valley Municipal Alliance Committee
A Community Alliance to Prevent Alcoholism & Drug Abuse

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Junior Woman's Club of Sparta

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Because of the Girls on the Run program, my child has become more confident in herself and has developed meaningful friendships. She has also gained important life skills such as resilience and goal-setting. I am truly grateful for the positive impact this program has had on her growth physically, emotionally, and socially.

— GOTR NJN Parent



Our Remarkable Coaches

Every lap, every laugh, every moment—our volunteer coaches make it count.

Thanks to their generosity, girls in Northern NJ built confidence, friendships, and lasting memories.

Now it's our turn to celebrate them.



Thank you to our dedicated coaches!

★ 10 SEASONS ★

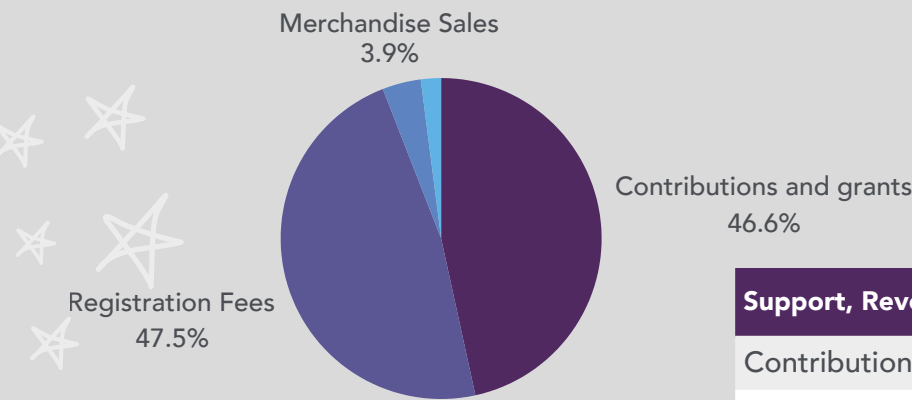
Brianne McGlone
Maggie Melly
Vikki Szabo

★ 7 SEASONS ★

Anarosa Pena-Duarte
Kendal George
Pam Gray
Melissa Grisback
Julie Masella



Financials

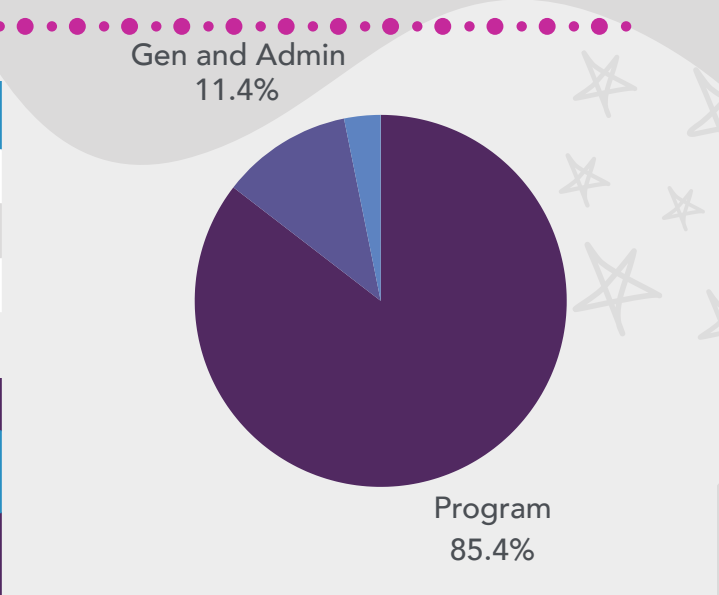


Support, Revenue and Other Income (loss):	Total
Contributions and Grants	\$138,638
Program Registration Fees	\$105,467
Merchandise Sales	\$11,564
5K Registration Fees	\$36,036
Total Support and Revenue Income:	\$291,705



Expenses	Total
Program	\$250,994
General and Administrative	\$33,456
Fundraising Costs	\$9,261

Change in Net Assets	\$-9116.18
Net Assets, Beginning of Year	\$143,712.41
Net Assets, End of Year	\$134,596.16





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Burlington Twp. Bd. of Education



Thank you to Dr. John Taylor who completed
his board service in 2025.



P.O. Box 195
Sparta, NJ 07871
973-222-3651

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