



May 18th 2024

The 12th Annual Girls on the Run 5K Saturday, May 18th, 2024, 8am start

Presented by:

<https://runsignup.com/gotr5kspring2024>



Riverview Paving

Sponsored by:

Pre Registration/Package Pick up:

Friday 5/17 11am-1pm and 6pm-8pm,
Sparta Elks Lodge, 1 The Boardwalk, Sparta
Saturday 5/18, 6:45am-7:45am
at Sparta Elks Lodge

Race Start:

5K course starts at White Deer Plaza and heads
down East Shore Trail. Race is an out and back.
Map and parking information found at
www.gotrjn.org.

Entry Fees:

\$35 pre-registration until 4/15
\$38 after 4/16 and until online
registration closes (5/15)
\$40 same day registration.
Race fee is non refundable.
Race shirts for runners while supplies last.
GOTR merchandise available for purchase.

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GIRLS ON THE RUN NEW JERSEY NORTH

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info@gotrjn.org | www.gotrjn.org



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Entry Form: (please detach and mail completed form to: Girls on the Run New Jersey North, P.O. Box 195, Sparta, NJ 07871)

Last Name: _____ First Name: _____ Gender: _____

Street: _____ City: _____ Zip: _____

Email: _____ Phone: _____

Age On Race Day: _____

In consideration of your acceptance in Girls on the Run New Jersey North 5K, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless the presenting organization (Girls on the Run) and any sponsoring organizations (Sparta Township, etc, their representatives, successors, agents, servants or employees, and assignees) for any and all injuries suffered by me in said run. I recognized that I must be in good health and of sufficient training and experience in order to successfully compete in this event. I hereby grant permission to Girls on the Run to use photos that may include myself for promotion and publicity, and understand that if the event cannot be held due to an act of God or circumstances beyond control, the organizer is not liable to refund any money paid to me to participate. While Girls on the Run takes all reasonable precautions, we can make no guarantees regarding these and other risks such as contracting known and unknown viruses including Covid-19. Recognizing the risks of the 5k event, and in consideration for allowing participation in the 5k event, I hereby release, discharge and agree to hold harmless, and to indemnify each of the Girls on the Run council conducting the Girls on the Run program and Girls on the Run International, their owners, directors, affiliates, officers, contributors, sponsors, employees, contractors, agents and assigns against and from any and all causes of action, claims, demands, damages, costs, loss of services, expenses, compensation, all consequential damages and attorneys' fees (regardless whether pursuant to the laws of any county, state or country) claimed by, through or on behalf of me related directly or indirectly to the 5k event, and specifically including any and all claims for personal injuries sustained while participating in the 5k event without regard to negligence or negligent conditions. The safety of our girls, families, and our community members is our top priority. While we hope to be able to offer a safe and fun in-person event, the ability to do so may be beyond our control. We are closely following changes to recommendations and guidelines from federal, state, and local governing bodies and agencies to ensure our event is safe for all. We may need to make difficult decisions and alter the format of the event, possibly including staggered start times, site-specific events, or virtual 5K formats. By participating in this event, you acknowledge and accept that Girls on the Run New Jersey North cannot offer any refunds should the event need to be offered in an alternative format or related to any cancellations. With my signature, I acknowledge that I have read and accepted these terms under which my entry is made.

Signature (Parent or Guardian if under 18) _____ Date: _____

Entry Fees: (please check one)

☐ 5K Run \$40 Race Day ☐ 5K Run \$35 by 4/15 ☐ 5K Run \$38 after 4/16 & until 5/15

Adult T Shirt Size: (please check one)

☐ Small ☐ Medium ☐ Large ☐ X Large ☐ XX Large* - Please add \$2 for XXL

Please accept my donation of \$_____ to Girls on the Run. **TOTAL AMOUNT:** _____



Please make checks payable to:

Girls on the Run NJ North

P.O. Box 195, Sparta, NJ 07871

We are so grateful for your support and your generous contribution!

Girls on the Run New Jersey North is a 501c3. All donations are tax deductible.



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