

## Girls on the Run Rio Grande

Site Information Sheet

Thank you for interest in becoming a Girls on the Run Rio Grande site, we are always looking to expand our program. Please review the information below to see if your site meets the requirements.

Site Requirements:

- Provide a Site Liaison
- Provide a safe outdoor space dedicated twice per week for running
- Provide a safe indoor space, preferably a gym, dedicated twice per week for running during inclement weather
- Provide an accessible restroom during practice times
- Provide a secure storage area for the girls belongings
- Allow for marketing and recruitment activities to occur at your site
- Gain permission from school principal or site director
- Complete a site application, available on our website

Additional considerations

- Teams should include a blend of 3rd-5th grades as much as possible
- It is helpful if you can provide at least one volunteer coach
- GOTR is open to all girls

Please visit our website for additional information and to fill out a coaches application: <u>girlsontherunriogrande.org</u>

Questions?

Please contact:

or

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