



New Jersey East

SOUTH 5K, CADWALADER PARK

COACH/ VOLUNTEER/STAFF/BOARD PARKING

SUNDAY MAY 31

Cadwalader Park, Trenton

Arrive by 7:45am - 5K begins at 9:00am

NOTE: Coaches, 5K Volunteers, Staff & Board Members have **THREE options** for parking.

CADWALADER PARK COTTAGE



Enter Cadwalader Park from Parkside Ave.

Make 1st RIGHT into the Cottage parking lot. Follow the downhill path (across the road you entered on) to Athlete's Village.

INNER LOOP

✦ For cars arriving BEFORE 7:45



Enter Cadwalader Park from Parkside Ave.

Proceed past the Cottage (on right) and bear RIGHT. Stay LEFT at fork to access Inner Loop (Trenton Road). Park in designated spots along the loop and walk to Athlete's Village.

NOTE: Cars parked in the Inner Loop will **NOT** be able to leave the park until the last runners have completed the course (approx. 10:45am).

BASKETBALL COURT



Enter Cadwalader Park from W. State St.

Take Parkside Ave to RIGHT on W. State St. Take IMMEDIATE RIGHT onto park access road. Follow access road to top/end and go LEFT between tennis & basketball courts to parking lot.

NOTE: Please **ONLY** use this lot if you need to depart quickly during or after the event. The access road will be a walking path for our families so please use caution and drive slowly on your way in/out of this lot.

Questions? Please email Anne@girlsontherunnj.org
Contact Anne to arrange **ACCESSIBLE PARKING** if needed.

2026 Celebrate Your Start



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