

# Girls on the Run Southeastern WI



## Spring 5K

presented by Husco

## EVENT GUIDE

The Girls on the Run Southeastern WI 5K is the culminating event of our 8-week after-school program, which uses the power of running to prepare participants for a lifetime of self-respect and healthy living. Join **our 2300 participants from 120+ schools** in a community celebration of health, confidence and girl power!

### 5K BUDDIES

Every participant should have a registered 5K Buddy to accompany them on the course. A 5K Buddy is a trusted adult (16+) who can walk or run alongside their girl and cheer her on through this accomplishment. Registered buddies will receive a GOTR t-shirt and can pick up their shirt and bib at packet pick-up or on the morning of the 5K. See below for packet pick-up dates and locations.

### 5K REGISTRATION

**GOTR participants and coaches are already registered!**

Our 5K is open to everyone, and we'd love for you to join the fun. Runners and walkers of all ages are welcome, so make it a family event and invite siblings, friends and loved ones to participate too!

**All 5K Buddies, parents, and friends participating in the 5K must register at [www.gotrsewi.org/5K](http://www.gotrsewi.org/5K).**

Online registration closes on Monday, May 25th at 11:59 p.m. You can still register in person during packet pick-up or the morning of the 5K. Registration is \$30 for adults and \$15 for youth (ages 15 and under). Financial assistance is available.

### PARKING & TRANSPORTATION

**Close to 6,000 people** are expected at the 5K event. With such a large crowd, traffic congestion is very likely. Please plan to arrive **75-90 minutes before your wave start time** to allow ample time for parking and walking to the GOTR 5K Village, located outside the Tailgate Haus. American Family parking attendants will be on-site to manage traffic flow and direct vehicles.

**Free Parking** will be available in the **Yount and Uecker lots**, accessible from Canal Street. ADA and bus parking will be in the American Family lot. Volunteer and participant overflow parking will be available in the **Aaron lot**.

### EVENT DETAILS

**Sunday, May 31**

**Registration opens at 7:30 am**

**9:00 am - 9:40 am (varies by wave)**

**Plan to arrive 75-90 min before your team wave begins (see wave assignments on page 3)**

**American Family Field - Tailgate Haus**

1 Brewers Way  
Milwaukee, WI

#### 5K Registration Form



5K Buddies, families, and friends participating in the 5K:

Scan the QR code with your phone camera to access the 5k registration form.



QUESTIONS Email: [program@gotrsewi.org](mailto:program@gotrsewi.org)

[www.GOTRSEWI.org/5k](http://www.GOTRSEWI.org/5k)



## SPECTATORS

Spectators are encouraged to bring positive posters, cheer gear, and a joyful spirit! All are welcome to support and cheer on participants along the 5K course—there is no cost to spectate, and no registration is required.

## PACKET PICKUP

5K Buddies can pick up their bib and GOTR shirt at one of our early packet pick up events or on the morning of the 5K beginning, at 7:30 AM. If you plan to pick up your packet on 5K day, please allow extra time as lines are expected. Runners may pick up packets for others, no identification is needed. **Please note: GOTR girls will get everything from their coaches on the morning of the 5K at their team meetup spot and do not need to attend packet pickup.**

### Skip the lines and pick up your packet early:

- Wednesday, May 27, 2026 - 4 p.m. to 7 p.m.  
Dick's Sporting Goods, 11500 W Burleigh St., Wauwatosa
- Thursday, May 28, 2026 - 4 p.m. to 7 p.m.  
Dick's Sporting Goods, 5200 S. 76th St., Greendale
- Friday, May 29, 2026 - 1 p.m. to 6 p.m.  
American Family Field Tailgate Haus, Milwaukee, WI  
\*\*GOTR merchandise shop will be open too!

## OTHER REMINDERS

- Dress for the weather! The 5K will be held rain or shine. There is no place to wait indoors and no shaded areas. Please plan accordingly.
- Pets are not allowed at American Family Field.
- Bicycles and scooters are not allowed on the course. Strollers are welcome, but please use caution!
- This is a non-competitive event and we encourage all participants to go their "happy pace." To keep the course clear for all, we ask slower runners and walkers to stay to the right, for others to pass.

## Thank You 5K Sponsors!

### NATIONAL 5K SPONSORS



PRESENTING SPONSOR



Gamma Phi Beta

MEDAL SPONSOR



CONFIDENCE SPONSOR

Rowan

UNSTOPPABLE SPONSOR



KIDS ACTIVITIES SPONSOR



GIVEAWAY SPONSORS



PACKET PICK-UP SPONSOR



GIRL POWER SPONSOR



### IN-KIND SPONSORS



### EXPO SPONSOR



# Girls on the Run of Southeastern WI

## SPRING 2026 5K

### PRESENTED BY HUSCO

#### WAVE ASSIGNMENTS

The Spring 2026 event will have 5 start waves. All teams/sites are assigned a wave to organize teams in the GOTR 5K Village. Please look for your team's wave name and sign when you arrive. The first wave of runners will start at 9 a.m., with additional waves starting every 10 minutes until 9:40 a.m. **Please plan to arrive 75-90 minutes before your wave start time to allow for parking, walking to the GOTR 5K Village, and to participate in some fun pre-run activities.**

#### Girl Power 9 a.m.

Academy of Accelerated Learning  
ALBA School  
Allen-Field Elementary  
Banner Church  
Bay Lane Elementary  
Ben Franklin Elementary  
Big Bend Elementary  
Bose Elementary  
Brookfield Elementary  
Bruce Guadalupe School  
Burbank School  
Burdick School

#### Superstar 9 a.m.

Canterbury Elementary  
Carrollton Elementary  
Cedar Hills Elementary  
College Park Elementary  
Country Dale Elementary  
Curtis Strange Elementary  
Deerfield Elementary  
Dixon Elementary  
Donges Bay Elementary  
E.W. Luther  
Eagle Elementary  
Edgerton Elementary  
Edgewood Elementary

#### You Are Amazing 9:10 a.m.

Eighty-First Street School  
Eisenhower  
Elmwood Elementary  
Evergreen Elementary  
Fair Park Elementary  
Fernwood Montessori  
Fifty-Third Street School  
Forest Home Avenue  
Forest Park Elementary  
Forest Ridge Elementary  
Frank Elementary School  
Franklin Elementary School  
Garland School

#### Unstoppable 9:10 a.m.

Glenwood Elementary  
Golda Meir  
Greater Holy Temple  
Hawthorne --MKE  
Hawthorne - Waukesha  
Hillcrest Elementary  
HAPA--Denver Campus  
HAPA--Main Campus  
Horace Mann  
Jackson Elementary  
Jeffery Elementary  
John Long Middle School

#### Choose Joy 9:20 a.m.

John Paul II Academy  
Julian Thomas  
Klode Park  
Knapp Elementary  
La Escuela Fratney  
Lakeview -- Whitewater  
Lakeview - Muskego  
Lakeview  
- South Milwaukee  
Lakeview K-8 Academy  
Lannon Elementary  
Lincoln Avenue  
Longfellow School  
Madison Elementary  
Magee Elementary

#### Sparkle 9:20 a.m.

Manitoba School  
Maple Grove  
Marcy  
Maryland Avenue  
McKinley Elementary  
Meadowview  
Mill Valley Elementary  
Milwaukee College Prep  
Milwaukee German  
Immersion  
Morgandale  
Nativity Jesuit Academy

#### You Can Do It 9:30 a.m.

Ninety-Fifth Street  
Notre Dame School  
Orchard Lane  
Parkview - Cedarburg  
Parkview - MPS  
Parkway Elementary  
Pershing Elementary  
Prairie Lane Elementary  
Prairie View Elementary  
Random Lake  
Richmond School  
Riverside Elementary

#### You Are Awesome 9:30 a.m.

Riverwest Elementary  
Robinwood Elementary  
Rolling Hills Elementary  
Ronald Reagan Elementary  
Roosevelt Elementary  
Ruth Harman Academy  
S.C. Johnson Elementary  
Samuel Clemens  
Seeds of Health Elementary  
Somers Elementary  
Southwood Glen  
St. Alphonsus  
St. Augustine Prep

#### Believe in Yourself 9:40 a.m.

St. Charles Borromeo  
St. John Paul II School  
St. Joseph Academy  
St. Rafael of the Archangel  
St. Sebastian  
STEM Saratoga Campus  
Stormonth Elementary  
Summit View Elementary  
Tonawanda  
Underwood Elementary  
Union Grove Elementary  
University School

#### Star Power 9:40 a.m.

Valley View Elementary  
Victory School  
Wadewitz Elementary  
Washington - Wauwatosa  
Washington - Whitewater  
Wauwatosa Montessori  
Westlawn School  
Westside Academy  
Wilson/WSTEM  
Woodview Elementary  
Zablocki School

★ SEE YOU SUNDAY, MAY 31, 2026!

[www.gotrsewi.org/5k](http://www.gotrsewi.org/5k)

Questions: [program@gotrsewi.org](mailto:program@gotrsewi.org)



# 5K VILLAGE & TEAM WAVES



presented by:  
**HUSCO**



5K COURSE  
MAP

# Girls on the Run Southeastern WI



## 5K de Primavera

presentado por Husco

## GUÍA DEL EVENTO

La carrera 5K de Girls on the Run Southeastern WI es el evento final de nuestro programa extracurricular de 8 semanas, que utiliza el poder del correr para preparar a las participantes para una vida de autoestima y hábitos saludables. ¡Únete a **más de 2300 participantes de más de 120 escuelas** en una celebración comunitaria de salud, confianza y empoderamiento de chicas!

### 5K BUDDIES - COMPAÑEROS DE 5K

Cada participante debe tener un 5K Buddy inscrito/a que la acompañe durante la ruta.

Un 5K Buddy es un adulto de confianza (16 años o más) que pueda correr o caminar al lado de la niña y animarla mientras logra esta gran meta. Los 5K Buddies inscritos recibirán una camiseta de GOTR y podrán recoger su camiseta y número (bib) en el día de entrega de paquetes o en la mañana de la carrera. Consulta más abajo las fechas y lugares para recoger el paquete.

### INSCRIPCIÓN AL EVENTO 5K

#### ¡Las niñas participantes de GOTR y sus entrenadoras ya están inscritas!

Nuestro evento 5K está abierto a toda la comunidad, y nos encantaría que te unas a la diversión. Todos son bienvenidos: corredores y caminantes de todas las edades. ¡Hazlo un evento familiar e invita a hermanos, amigos y a seres queridos!

#### Todos los 5K Buddies, padres y amistades que quieran participar deben inscribirse en:

[www.gotrsewi.org/5K](http://www.gotrsewi.org/5K). La inscripción en línea cierra el lunes, 25 de mayo a las 11:59 p.m.

También puedes inscribirte en persona durante el día de entrega de paquetes o en la mañana del evento. El costo de la inscripción es \$30 para adultos, y \$15 para jóvenes (15 años o menores). Asistencia financiera está disponible.

### ESTACIONAMIENTO Y TRANSPORTE

Se esperan **cerca de 6,000 personas** en el evento. Con tanta gente, es probable que haya congestión de tráfico. Por favor planea llegar entre **60 a 75 minutos antes de la hora de inicio, 9:00 a.m.**, para encontrar estacionamiento y caminar hacia la GOTR 5K Village (zona de los equipos), ubicada afuera del Tailgate Haus. El personal de estacionamiento estará presente para dirigir el tráfico y ayudar con el flujo de vehículos.

**El estacionamiento gratuito** está disponible en los **lotes Yount y Uecker**, accesibles desde Canal Street. El estacionamiento para personas discapacitadas (ADA) y autobuses estará disponible en el **lote Aaron**.

### DETALLES DEL EVENTO

**domingo 31 de mayo**

**La inscripción abre a las 7:30 am**

**9:00 - 9:40 am (varia por ola)**

**Planea llegar 75-90 minutos antes del comienzo de tu ola de salida (consulta la asignación de olas en la página 3)**

**American Family Field - Tailgate Haus**

1 Brewers Way  
Milwaukee, WI

#### Forma de Inscripción del 5K



5K Buddies, familias, y amistades participando en el 5K:  
Escaneen el código QR con la cámara de su teléfono para acceder al formulario de inscripción para el 5K



## ESPECTADORES

¡Invitamos a los espectadores a traer sus carteles positivos, accesorios para animar a los participantes, y su espíritu de alegría! Cualquier persona que quiera apoyar y animar a los participantes del 5K a lo largo de la ruta de es bienvenida. **No hay costo y no necesita inscribirse para ser espectador.**

## ENTREGA DE PAQUETES

Los 5K Buddies pueden recoger su número y camiseta de GOTR en cualquiera de los siguientes lugares y fechas, o en la mañana del 5K a partir de las 7:30 a.m. Si planeas recoger tu paquete el mismo día del 5K, por favor planea llegar con tiempo extra, ya que se esperan filas largas. Se puede recoger paquetes para otras personas, no se requiere identificación.

**Por favor ten en cuenta: Las niñas de GOTR recibirán todo directamente de sus entrenadoras la mañana del 5K, en el punto de encuentro de su equipo. Ellas no tienen que asistir a la de recogida de paquetes.**

**Evita las filas y recoge tu paquete temprano en cualquiera de estos lugares:**

- Miércoles, 27 de mayo de 2026 - 4 p.m. to 7 p.m.  
Dick's Sporting Goods, 11500 W Burleigh St., Wauwatosa
- Jueves, 28 de mayo de 2026 - 4 p.m. to 7 p.m.  
Dick's Sporting Goods, 5200 S. 76<sup>th</sup> St., Greendale
- Viernes, 29 de mayo de 2026 – 1 p.m. a 6 p.m.  
Tailgate Haus – American Family Field, Milwaukee, WI  
\*\*¡La tienda de mercancía de GOTR también estará abierta!

## OTROS RECORDATORIOS IMPORTANTES

- ¡La carrera se realiza llueva o truene, así que vístete de acuerdo al clima! No hay lugares para esperar en interiores ni áreas con sombra, así que prepárate bien.
- No se permiten mascotas en American Family Field.
- No se permiten bicicletas ni scooters en la ruta. Los coches de bebe son bienvenidos, pero se pide precaución.
- Esta carrera no es competitiva y animamos a todos a ir a su "happy pace" (ritmo feliz). Por favor, mantente a la derecha si vas caminando o a paso más lento, para permitir el paso de otros participantes.

# Girls on the Run of Southeastern WI

## 5K DE PRIMAVERA 2026 PRESENTADO POR HUSCO

### ASIGNACIONES DE OLAS

El evento de primavera de 2026 tendrá 5 olas de salida. A cada equipo se le asignará una tanda para organizarse en el area de GOTR 5K Village. Busque el nombre y el letrero de la ola de su equipo al llegar. La primera ola de corredores saldrá a las 9:00 a. m., y las siguientes saldrán cada 10 minutos hasta las 9:40 a. m. **Le recomendamos llegar entre 75 y 90 minutos antes de la hora de salida de su ola para tener tiempo de estacionar, caminar hasta el GOTR 5K Village y participar en algunas actividades divertidas previas a la carrera.**

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Wilson/WSTEM  
Woodview Elementary  
Zablocki School



¡NOS VEMOS EL DOMINGO 31 DE MAYO DE 2026!

[www.gotrsewi.org/5k](http://www.gotrsewi.org/5k)

[Preguntas: program@gotrsewi.org](mailto:program@gotrsewi.org)

